

Pettitt's SuperValu Wexford Half marathon and 10km 2019

For your enjoyment of the Event we suggest you familiarise yourself with this information and print it off and bring it with you on race day. Big time! 😊

****PLEASE NOTE THAT THERE ARE NO MORE ENTRIES AVAILABLE AND SWAPS/ Transfers ARE NOT ALLOWED****

Hi Folks,

A warm Welcome to the Pettitt's SuperValu Wexford Half Marathon & 10km. If the weather Gods are kind we really hope you will achieve your respective Goals on Sunday 28th April

Note: The following information is the information that you need to know on the day. Please read this carefully and bring it with you on race day.

Race Numbers

will be available on our website at 8pm on Tue 23rd of April. **Please take note of it accurately and save it to your phone or write it down.**

Number Pick up 3 x Locations 4 x Days:

Dublin on Wednesday 24th & Thursday 25th at Wheelworx/ Runworx 9.30am– 9.00pm **Note the longer times.**

Address Unit 48 Fonthill Retail Park, Lucan. Map at the bottom of this mail.

I would encourage all the Dublin entrants to come to this Registration between 9.30am and 9pm on Wednesday/ Thursday (gives you a big sleep in on Sunday).

Wednesday 24th Dublin (see above)

Thursday 25th Dublin (see above)

Friday 26th Talbot Hotel, Wexford Town 5pm – 7pm.

Saturday 27th Talbot Hotel, Wexford Town 3pm – 4.30pm

Sunday 28th BESIDE Billy Kelly's Pub, The Faythe (finish area) 8am – 9.45am. Aim for the Pub.
NOT IN TALBOT HOTEL ON SUNDAY

Once again we'd ask local people to pick up your race Number on Friday/Saturday so there isn't a big Q on Sunday for you or others.

At Number pick up you will receive your race pack.

You will see YOUR RACE NUMBER on a chart before you arrive at the tables – please remember it as you are queuing. You will also be able to access it online in advance on our event website www.wexfordhalfmarathon.com from Tuesday 23rd at 8pm **Please take note of it accurately and save it to your phone.** This will save everyone time at the numbers table.

Inside your pack you will receive a Timing chip attached to race number*. A Training Top.

*The timing chip is attached to the race number (they are small) and they are disposable.

Notes on Registration 1) You can pick up another participant Race Pack(s). Please let them know in advance otherwise the favour backfires.

Bag Drop (not covered)

Hopefully unnecessary if weather is fine. It will be located beside the white marquee for picking up numbers at the finish area (**new location**). Leave no valuables in bags please – as we can't be held responsible for lost, stolen or mislaid bags. Bags will be accepted from 9.30am onwards. Please note that they are not covered and may get wet if it rains. Ideally, leave your belongings in your cars.

Toilets NEW in 2019 We have 2 x locations this year. 1) some Portable toilets will be available to the side of Billy Kelly's Bar (beside the white marquee). Same area as the Sunday Registration desk and at the finish area. Only 3 mins walk from race start **2) some in the start area car park** Toilets will also be available on the Half Marathon route at km 10. There are no toilets on the 10km route.

Location of Start This is important. The start is located 150 metres from the Talbot Hotel. At the front door of Hotel take a left. Walk to the Traffic Lights. Cross the road, then cross the rail tracks into the car park. It's located on the Quays (beside the sea). See maps at end of mail. The car park location is a good warm up area as it's closed and empty. There will be signs to direct you from the Finish/ Sunday Registration area to the start.

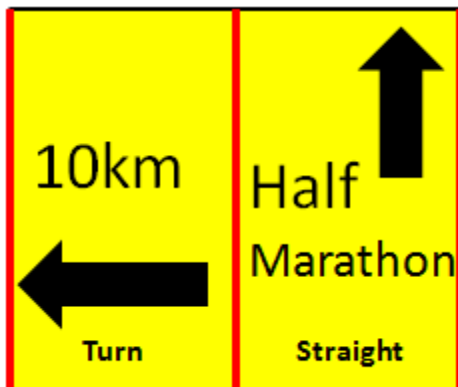
The Course Half Marathon ****There is a change to the Half Marathon route since 2018** See new route here <http://www.mapmyrun.com/routes/view/1977377198>
This is a guide (not perfect on distance) to show the route.

The half marathon now involves using a turn-around-cone close to the 10km turn cone. Please follow instructions or signs as given. Make sure you turn at the correct cone

The 10km Course View here at <http://www.mapmyrun.com/routes/view/45143082> This is a guide (not perfect on distance) to show the route.

IMPORTANT NOTICE ON BOTH COURSES

You will see a sign (like this) below once on the course.



10km participants have to take action (by turning). Half Marathon people continue ahead.

Garda Crossing points ****This is very Important**** There are 3 Garda crossing points on the Half Marathon and 1 shared crossing for the 10km. Please cross at these points for your own safety. **It is no advantage to cross earlier! For your safety you must cross at these points. Ignore what other people do. It is no advantage to cross sooner!! Your cooperation is appreciated by the Gardai.**

IMPORTANT NOTICE FOR HALF MARATHON – from An Gardai

When you reach the first water station (located on the left hand side) stay on the left hand side all the way to Johnhstown Castle & Murrintown. That section of road is LIVE and having runners on both sides is a problem for them. AND if you cross the road you are adding distance to your race. Having accompanied the guy who marked the race he never crossed the road to the right. He cut the roundabout on the left (same as traffic) and stayed on the left

Shortest distance = stay on the left all the way to Murrintown

Start Times

The Half Marathon Walkers start at 9.45am (this is a walker only section for Half Marathon and running it may cause you to reach a point in advance of it being marshalled). Walkers please proceed in a Maximum of 2 abreast until all runners have passed. Your courtesy is really appreciated here. Walkers are requested to cross the road (left to right) at the Pedestrian crossing opposite the Centra shop after Brady's Bar just past Km1.

The Half Marathon Runners start is 10.30am. The course is marked Yellow Km signs.

The 10km (Run & Walk) starts at 10.40am. The course is marked in Yellow then **Blue Km signs**. This makes it easier to identify the signs for both separate events.

****10km walkers are requested to start at the end of the 10km group****

There will be a sign at the starting area (like below) for 10km participants to congregate



Can the 10km participants remain here until called to start for a short race briefing.

Estimated Finish times Half & 10km There will be 2 x estimated finish time signs at starting area. Please stand at the time that matches your ability. Your co-operation is appreciated here.

Reminder that your time does not begin until you cross the mat on the start line. Stay back and allow the fast runners to go first and then go when you are ready. This is much appreciated.

Note to All: We have a tight corner about 150m from start and you have to flow through the car park barriers. It is an immediate U turn onto the road. Please be mindful of this and go easy. We will remind you on the day. In order to have the course measurement correct this turn had to be included.

Half Marathon Pacer's to help you achieve a Time

Pacers will have balloons marked with times they will finish on them. There are 4 times: 1hr 30min 1hr 45min 2hour 2hr 10min.. Feel free to join them if you wish. They coincide with the estimated start times. Look out for the balloons that they are flying

Timing Chips

Attached to number and are disposable.

Aid stations

Water will be available in bottles in 4 locations: km 6.5, km 11, km 15, km 17.8
For the 10km it will be located at km 5.8.

RACE RUBBISH

After every water station there will be a green/yellow mini skip bag. Please dispose of all race rubbish (Gels & Bottles) in these bags. Do not throw rubbish on the course. Thank you.

For use of water bottles – 2 options in order of preference:

- 1) please discard in the **mini skip bags** or a Km signs
- 2) squirt out water and carry it to the following aid station

Note - Do not discard any bottles or rubbish on the race course

Finish of race

Location of the finish is at the Faythe (see Map below) When finishing you will cross the line into a pen. Here you will get your medal in the Pen. Bananas & water will also be available in the pen.

Showers

Showers are available at Ferrybank Swimming Pool. Go over Wexford Town Bridge and first turn on the right at Hotel - the up the hill. Bring your race number to identify yourself as part of the race.

Soup at finish

Talbot Hotel Catering will be providing the soup at the FINISH area (not in the Hotel). **Note:** Race numbers will be marked with a red pen across your number to confirm you received your soup. This is strictly for competitors only. The red mark is necessary and will be put on your number in exchange for soup.

EXTRA MEDALS How about 4 medals for your run???



🏅🏅**EXTRA MEDALS** Walk away with 4 medals 🏅🏅

You can pick up 3 x bonus medals at the finish area for €7.00 (online price or €8 on the day) Or just last years Wexford Trilogy medal for €2.75 (online price or €3 on the day) Please note the 2019 medal is included in your race fee. These are bonus medals on offer.

If you would like to walk away with potentially Four different medals from Wexford book online now to be 100% sure of receiving them -> https://www.njuko.net/medals-2019/select_competition?fbclid=IwAR0RyTMLAMeb4pLJ6kWgx8uKtBEKluO_QRvfqoxpZKkpvzjYHUPIZX7i9mM

Medals to be picked up at the White Tent in the courtyard beside Billy Kelly's pub

Car Parking for Race – ***PLEASE READ VERY CAREFULLY***

Map below shows suggested car parking areas. Wexford is full of one way streets and parking is spread out so it might be tricky for visitors. So we would ask for cooperation on 5 things please:

- 1) Please car pool as much as possible.
- 2) Can locals consider leaving the car at home or park on some of the back streets **above** the Main Street around the Churches **(there are many spaces in these areas that locals will know. Please consider our visitors and make an effort to park along the off-beat streets)**
- 3) Allow time to Park. The longer you leave it the further away you will have to park increasing your chances of being late.
- 4) The Talbot hotel will have no spaces available so plan your arrival time now.
- 5) The car park where the race starts will be closed to parking on the morning.

Parking for Race



- Brown Squares and Lines showing some **free** parking locations for visitors. **Check before you park.**

- Blue ring above the Main Street where we would ask locals to Park – please.
Locals know all the side streets, Shopping centres etc. where you can leave the cars.

That leaves the Quays and various other car parks free for visitors and newcomers to the Town.

Spectators

In terms of your spectators we know from last year that some like to track the race along the course. This is great **BUT** we must warn that they can potentially get in your way along the course and cause unnecessary traffic build up. To make life easier for them and you we would ask that they don't follow the race along the race route.

Instead follow the road to Rosslare N25 and take the turn to Piercestown (turn on the right at a Garden Centre) and park in the village at the Church. This is close to Km 11 (walk down to end of village). Then you can turn around and drive back (relatively) unhindered to finish. Your co-operation is appreciated.

Sponsors & Helpers

We would like to take this opportunity to thank our Sponsors for their generous support:

Premium Sponsor: Pettitt's SuperValu's

Main Sponsors: My Sport – Enniscorthy, Talbot Hotel Catering, People News Paper, Greenstar, Mizuno.

Please support our Sponsors as they help make the race a great day for everyone!!

Associate Sponsors: Wexford County Council, Wexford Borough Council, Wexford Tourism, Sports Active Wexford, Wexford Chamber of Commerce & Andy Firman

Also helping us with the running of the event include: Wexford Scouts, DMP AC, The Gardai and Civil Defence.

Prizes – will be posted out to winners once results are finalised. We don't have an awards ceremony.

Lastly

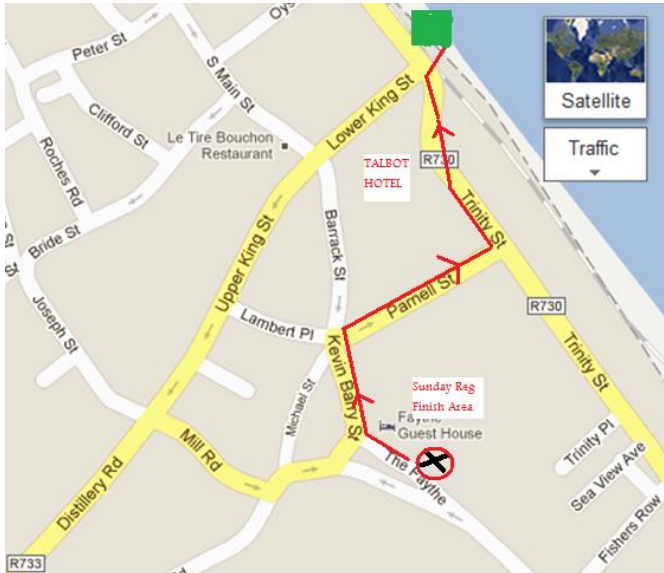
We wish you a great race and look forward to hearing how you did at the finish line

Very Best of Luck

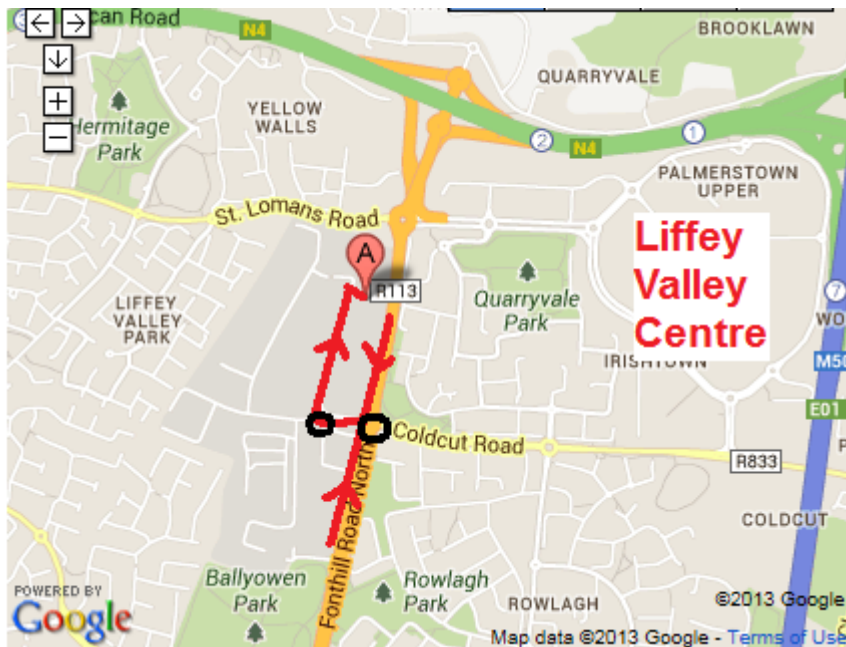
Pettitt's SuperValu Wexford Half marathon and 10km Team 2019

Map for Start & Finish

The Finish & Sunday Registration area are marked with the X in a circle. Follow the red line to the start (circa 500m). Start area is just past Talbot Hotel across the train tracks beside the sea (marked in Green on map).



Map to Wheelworx/ Runworx (Dublin Number pick up. Wed 24th & Thur 25th)

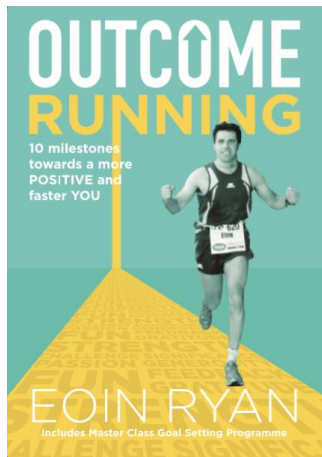


A – marks the Spot. Wheelworx/ Runworx, Unit 48 Fonthill Retail Park.

Enter at Coldcut road/ Fonthill roundabout. Then take the third exit at next small roundabout. Down to the end then take a right into Wheelworx car park.

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Frank Greally Editor, Irish Runner

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